

The daily menu is subject to change without advanced notice.

# Healthy Kids, Smart Kids

## Elementary School Lunch Menus

### February 2010



**NATIONAL HEART WEEK FEBRUARY 9TH—13TH**

<p>1 Spaghetti Casserole, Wheat Roll Grilled Chicken Fajita Shredded Lettuce, Tomato, Salsa Glazed Carrots, Seasoned Green Beans, Apricots, Fresh Apples Ham Chef Salad</p>	<p>2 Chicken Noodle Soup w//Gr. Cheese Cheese Pizza Peas &amp; Carrots, Cole Slaw, Sliced Peaches Apple Juice Cheese Chef Salad</p>	<p>3 BBQ Turkey Plate Texas Toast Spicy Asian Chicken Strips Steamed Rice Seasoned Green Beans Steamed Corn, Diced Pears Fresh Orange Grilled Chicken Chef Salad</p>	<p>4 Rotisserie Chicken Corn Bread, Rice/ Gravy Cheese Burger Lettuce, Tomato &amp; Pickle Roasted Italian Potatoes, Turnip Greens Rosey Applesauce, Orange Juice Turkey Chef Salad</p>	<p>5 Lemon Baked Fish Mexican Rice, Wheat Roll Nachos Grande California Blend, French Fries Mandarin Oranges Fresh Bananas Chicken Tender Salad</p>	<p>The following milk choices are offered daily: <b>1%, Skim, &amp; Chocolate</b></p>
<p>8 Tomato Basil Soup/ Gr. Cheese Chicken Nuggets/ w/ Roll Tater Tots, Baby Carrots w/Dressing Rosey Applesauce Fresh Oranges Ham Chef Salad</p>	<p>9 Chicken Tacos / Mexican Rice BBQ Pork on Bun w/Pickle Mixed Vegetables Coleslaw Pears Orange Juice Cheese Chef Salad</p>	<p>10 Roasted Turkey w/Gravy Steamed Rice, Roll Grilled Chicken Sandwich Lettuce Tomato &amp; Pickle Steamed Broccoli , Black-eyed Peas Spiced Apples Fresh Bananas Tuna Salad</p>	<p>11 BBQ Chicken w/ Roll Pepperoni Pizza Roasted Potatoes California Blend Marinated Vegetable Salad Peaches Turkey Chef Salad</p>	<p>12 <b>TEACHER WORK DAY</b> <b>SCHOOLS CLOSED</b></p>	<p>High School Meal Prices: Reduced Breakfast.....\$0.30 Full-Price Breakfast.....\$1.15 Adult Breakfast.....\$1.50  Reduced Lunch.....\$0.40 Full-Price Lunch.....\$2.25 Adult Lunch.....\$3.05</p>
<p>15 <b>PRESIDENTS' DAY</b> <b>SCHOOLS CLOSED</b></p>	<p>16 Chicken Noodle Soup w// Gr. Cheese Cheese Pizza Peas &amp; Carrots, Cole Slaw, Sliced Peaches Apple Juice Cheese Chef Salad</p>	<p>17 BBQ Turkey Plate w/ Texas Toast Spicy Asian Chicken w/ Rice Seasoned Green Beans Steamed Corn, Diced Pears Fresh Orange Grilled Chicken Chef Salad</p>	<p>18 Rotisserie Chicken Corn Bread, Rice &amp; Gravy Cheese Burger Lettuce, Tomato &amp; Pickle Roasted Potatoes, Turnip Greens Rosey Applesauce, Orange Juice Turkey Chef Salad</p>	<p>19 Lemon Baked Fish Mexican Rice, Wheat Roll Nachos Grande, California Blend Vegetables French Fries, Mandarin Oranges Fresh Bananas Chicken Tender Salad</p>	<p>Fulton County School Nutrition Program The Meadows Operations Center 5270 Northfield Boulevard College Park, Georgia 30349 404-669-8960</p>
<p>22 Tomato Basil Soup w/ Gr. Cheese Chicken Nuggets, Wheat Roll Tater Tots Baby Carrots w/Dressing Rosey Applesauce Fresh Oranges Ham Chef Salad</p>	<p>23 Grilled Chicken Tacos /Mexican Rice BBQ Pork on Bun w/Pickle Mixed Vegetables, Coleslaw Pears, Orange Juice Cheese Chef Salad</p>	<p>24 <b>EARLY RELEASE DAY</b></p>	<p>25 BBQ Chicken, Wheat Roll Pepperoni Pizza Roasted Italian Potatoes California Blend Marinated Vegetable Salad Peaches Turkey Chef Salad</p>	<p>26 Baked Fish Nuggets, Wheat Roll Hamburger Lettuce, Tomato &amp; Pickle Baked Beans, Sweet Potato Fries Mixed Fruit, Fresh Apples Chicken Tender Salad</p>	<p><b>Non-Discrimination Statement:</b> The U.S. Department of Agriculture (USDA) prohibits discrimination in all its programs and activities on the basis of race, color, national origin, sex, age, or disability. Persons with disabilities who require alternative means for communication of program information (Braille, large print, audiotape, etc.) should contact USDA's TARGET Center at (202) 720-2600 (voice and TDD). To file a complaint of discrimination, write USDA, Director, Office of Civil Rights, Room 326-W, Whitten Building, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410 or call (202) 720-5964 (voice and TDD). USDA is an equal opportunity provider and employer.</p>